

27 June 2014

Re: Procedures for preventing and being aware of Hand, Foot and Mouth disease

Dear Parents

The Infant Department of Sarasas Ektra School is in cooperation with the Public Health Center to promote awareness and prevent the spread of Hand, Foot and Mouth disease (HFMD), as many people diagnosed having the disease are mostly young children, under 5 years old and toddlers. Young children usually get the disease more easily than adults, especially children whose immune systems are low. Children can catch the virus from any public place outside of school, such as shopping malls, amusement parks, restaurants, or from family members who are disease carriers.

Therefore, our school has organized preventative routines to stop the spread of HFMD, which we would also like to share with all parents. These routines are detailed below;

1. Students will have their temperature checked every morning before going to their classroom. If any students are sick or have a fever (37 °Celsius and above), these students will be taken to the nurse room to be examined thoroughly. Then, the school will contact the parents of the sick student to take their child home and see the doctor immediately.
2. Our classrooms, toys and equipment that students share at school, including our play areas like the jungle gym and soft gym, are cleaned daily with disinfectant. Our school toilets are also sanitized daily, every 2 hours.
3. There are alcohol hand gel dispensers provided in school common areas, such as classrooms, canteens, and toilets. Every classroom is sprayed with disinfectant every week.

Regarding the above information, we would like to ask all parents to cooperate in observing their children closely. If your child shows any symptoms, including a fever, having a headache and sores in their mouths, we suggest you to take your child to see the doctor to get primary treatment. For the parents of infected children, please allow your child to stay at home and rest until he or she has fully recovered in order to control the spread of the virus. Also, please inform the school that your child has HFMD. In case of having a family member being infected, the infected member should be quarantined from your child.

Thank you very much for your cooperation and understanding.