



10<sup>th</sup> July 2014

Topic Asking for parents to cooperate in taking care of their children during the holiday.

To All Parents.

The Rainy Season is here along with the moist air. This kind of weather is easy for the spread of Hand Foot Mouth Disease. Not only young kids under 5 years old that can catch this disease, but adults and the older students whose immune systems are low can be a disease carrier without knowing. The disease can spread in the public places such as amusement parks, shopping malls, public toilets, restaurants, airport and the like because they have large numbers of people using these venues every day. It's impossible to control or check and restrict access.

During the long four day holiday (11<sup>th</sup> -14<sup>th</sup> July 2014), if your family plans to go outside Bangkok or visit public venues, parents should monitor cleanliness. Please be careful in the public venues: especially faucets, toilet sprays, stair rails and door knobs and handles. Please wash hands regularly with antiseptic soap or always carry bacterial hand wipes. School will use the holiday time to clean the classrooms, all the inside areas of the school by spraying with disinfectant.

If your child shows any symptoms: a fever, having a headache or blisters in their mouth, loss of appetite or tired; we suggest you to take your child to see the doctor immediately and take a break from school until the student has recovered and is stronger. Moreover, if the student has the history of sickness, tiredness or gets infected sores easily, we suggest to parents to have their children's blood checked for a white blood cell count because a low count means a virus can be caught more easily which in turn weakens the immune system further. If it's the case, parents should take their child to follow up with the doctor.

With concern,

Sarasas Ektra School