



# EKTRA Newsflash

Issued Date 15<sup>th</sup> November 2019

Welcome parents, teachers and students  
to Semester 2/2019

Thank you to all parents of Yr.6 students  
for your intention to attend further education counseling  
at the Secondary level in Academic year 2020



## Calendar for November 2019 - January 2020



Schedule	Department	Date	Activity
Parents meeting Y.9	Secondary	Sat. 16 <sup>th</sup> Nov. 19	Parents meeting Y.9
World Cultural Day	Secondary	Thu. 21 <sup>st</sup> Nov. 19	World Cultural Day activities
National Father's Day	Infant	Mon. 2 <sup>nd</sup> Dec. 19	National Father's Day activities NC. - Y.1 Level
	Primary	Tue. 3 <sup>rd</sup> Dec. 19	National Father's Day activities Y.2 - Y.6 Level
	Secondary	Wed. 4 <sup>th</sup> Dec. 19	National Father's Day activities Y.7 - Y.12 Level
National Father's Day holiday	All	Thu. 5 <sup>th</sup> Dec. 19	National Father's Day holiday
Constitution Day holiday	All	Tue. 10 <sup>th</sup> Dec. 19	Constitution Day holiday
Christmas Show	All	Tue. 17 <sup>th</sup> - Mon. 23 <sup>rd</sup> Dec. 19	Christmas Shows NC. - Y.12
AFR activity	All	Tue. 24 <sup>th</sup> Dec. 19	AFR activity (Apology, Forgiveness, Reconciliation)
Christmas and New Year holidays	All	Wed. 25 <sup>th</sup> Dec. 19 - Wed. 1 <sup>st</sup> Jan. 20	Christmas and New Year holidays
School returns	All	Thu. 2 <sup>nd</sup> Jan. 20	School returns
Mid-term Test Semester 2 /2019	Secondary	Mon. 6 <sup>th</sup> Jan. 20	Mid-term Test/Semester 2 /2019 Thai teachers (Y.10 - Y.12)
	Primary - Secondary	Tue. 7 <sup>th</sup> - Wed. 8 <sup>th</sup> Jan. 20	Mid-term Test/Semester 2 /2019 Foreign teachers (Y.1 - Y.12)
	Primary - Secondary	Thu. 9 <sup>th</sup> - Fri. 10 <sup>th</sup> Jan. 20	Mid-term Test/Semester 2 /2019 Thai teachers (Y.1 - Y.12)
Children's Day	All	Fri. 10 <sup>th</sup> Jan. 20	Children's Day activities

Schedule	Department	Date	Activity
Sports Carnival 2019	Infant	Mon. 13 <sup>th</sup> Jan. 20	Sports Carnival 2019 NC. - KG.2
	Infant - Primary	Tue. 14 <sup>th</sup> Jan. 20	Sports Carnival 2019 KG.3 - Y.1
	Primary - Secondary	Wed. 15 <sup>th</sup> Jan. 20	EktrathonRun,part of the Sports Carnival 2019
School is off (Teacher's Day)	All	Thu. 16 <sup>th</sup> Jan. 20	School is off (Teacher's Day)
Sports Carnival 2019	Primary - Secondary	Fri. 17 <sup>th</sup> Jan. 20	Sports Carnival 2019 Y.1 - Y.12
		<b>Remark:</b> Kindergarten Department (NC. - KG.3) would like to inform all parents that infants will be closed for 1 day. This is to ensure that the facilities are free for the Sports Carnival. We will arrange the compensation day for teaching later in due course (to be announced shortly) Year 1 will attend the Sports Carnival and attend class as usual.	
	<b>Good news!</b> If any color team can invite alumni or parents of alumni of Sarasas Ektra School to attend the activities, as many as possible, that color will get more points. (Visitors, please dress politely)		
GAC. Y.9	Secondary	Sat. 18 <sup>th</sup> Jan. 20	GAC Entrance Examination (Y.9)
Scout camp Y.8	Secondary	Wed. 22 <sup>nd</sup> - Sat. 25 <sup>th</sup> Jan. 20	Scout camp Y.8



## New student enrollment application for the Academic year 2020



New student application	Level	Test date	Result Announcement	Enrollment Date
Accepting new students for academic year 2020 From Nursery - Y.10	NC. - KG.1	2 <sup>nd</sup> Sep. 19 onwards	On Test date	Within 7 days after result announcement
	KG.2 - KG.3	27 <sup>th</sup> Nov. 19	28 <sup>th</sup> Nov. 19	
	Y.1 - Y.10			



## Depression in children is a silent danger that parents should not overlook



In the present time, we often hear stories in the media about depression. It can occur at a young age with children as likely to have severe and chronic depression as adults.

Dr. KamolwisaTaechapol, a specialist in child and adolescent psychiatry at Phyathai 2 Hospital defines depression as an emotional disorder that affects one's mood for most of the day every day for more than two weeks. The symptoms in children with depression may be boredom, irritability, unhappiness even during normally enjoyable activities, loss of weight, excessive eating, sleeplessness, lethargy, inability to concentrate, memory loss, self-criticism, feeling worthless, and possibly self-harm.

In taking care of children with depression, parents should keep talking to children about the causes and effects without becoming emotional, and give care and warmth to the child at all times. It's important to find opportunities to do activities together to develop strong relationships, always observe their behavior, ask for the child's teacher's for help to monitor the children's behavior, and talk openly to teachers regarding the problems that occur at home and school in order to cooperate in solving the problems. If symptoms do not improve parents should consult with a child psychiatrist for the correct therapy.

Sources : [https://www.phyathai.com/article\\_detail.php?id=2123](https://www.phyathai.com/article_detail.php?id=2123)



**New**

## Notification regarding change or amendment of name - surname and request for documents and certificates online



From Thursday 2<sup>nd</sup> January, 2020 onwards, current students can submit a request to change or amend name - surname of the student/father/mother (Attaching documents and evidence) and requesting documents such as transcript, student certificate and certificate to obtain visa(s) via the School Website at [www.ektra.ac.th](http://www.ektra.ac.th) by following the specified procedures correctly and in full. Once the information has been submitted the school will complete the process after 3 working days. Please note that all tuition fees, other fees, food, air - conditioning and special tuition fees must be paid in full and completely before the required documents can be released.

## No gifts and souvenirs, please!



On the occasion of this coming Christmas and New Year, Sarasas Ektra School still maintains its 'No gift Policy' in order to create a culture of performing duties to the fullest potential for all students with equality without incentives. Therefore, asking for cooperation from all parents, **to please refrain from giving any gifts/souvenirs/all types of gifts to teachers and administrators including gifts for other occasions whether it is birthday or souvenir from parents' travelling aboard, etc. as well as refrain from bringing snacks/cakes to birthday parties for students and friends in special cases** (Only allow for activities that are organized together by school) If parents find that any teachers or administrators have requested for any gifts, souvenirs no matter what form of communication from the school personnel, please inform the school.



## Picking up and dropping off students

Can parents please come to pick up students after the school day ends, **to alleviate traffic congestion** within the school, **and please place the parking ticket in front of the car every time** you come to pick up students to ease quick and convenient calling of the children's names to bring them to the car.



## Notification of sick leave/ business leave/overseas leave



When parents request sick leave/ business leave/ overseas leave for students who will be unable to attend classes, please notify the administrative office from 7.00 am on the day that absence will begin. When the student returns to class, please provide a letter or medical certificate to the class teacher. **In case of overseas travel or business requiring a longer period during semester**, please contact the administration office in advance to submit the application form.

## Schedule of Christmas Show rehearsals Y.5 - Y.12 in Semester 2

As School informed parents in the September 2019 Newsflash, the school will make some adjustments to the Y.5 - Y.12 timetable in semester 2 **to facilitate students' Christmas Show Practice. The schedule of Christmas Show rehearsals between 18<sup>th</sup> November - 13<sup>th</sup> December 2019 as follow**

	Monday	Tuesday	Wednesday	Thursday	Friday	Time
November	✓ 18	19	✓ 20	21	✓ 22	10.00 - 11.40 am.
	25	✓ 26	27	✓ 28	29	
December	✓ 2	3	✓ 4	5	✓ 6	08.00 - 09.40 am.
	9	10	11	✓ 12	13	



✓ Rehearsal Day

\*Holiday 5<sup>th</sup> Dec. 19 (National Father's Day holiday) and 10<sup>th</sup> Dec. 19 (Constitution Day holiday)



## Christmas Shows Schedule in the Academic year 2019

Every December, the school organizes student Christmas show performances done by every class at all levels. We would like to invite all parents come to encourage, watch the performances and also celebrate the festival of happiness with our children together. The performance are scheduled as follows



Date / Time		Tue. 17 Dec.	Wed. 18 Dec.	Thu. 19 Dec.	Fri. 20 Dec.	Mon. 23 Dec.
At the Court in front of Building 1, Infant Department (Soi 20)	08.20 - 08.35	Welcome Speech				
	08.40 - 09.00	Infants Choir	NC.1	NC.2	NC.3	KG.2E
	09.05 - 09.25	KG.1A	KG.1F	KG.1D	KG.1B	KG.2D
	09.30 - 09.50	KG.1C	KG.2A	KG.2B	KG.1E	KG.3C
	09.55 - 10.15	KG.2F	KG.3A	KG.3B	KG.2C	KG.3E
	10.20 - 10.40	KG.3D	KG.3G		KG.3F	
At the Auditorium, Primary Department (Soi 20)	08.30 - 08.50	Senior Primary Chorus	Junior Primary Chorus	Teachers band	Junior Primary Chorus	Senior Primary Chorus
	08.50 - 09.10	Y.6F	Y.6E	Y.5D	Y.6A	Y.6D
	09.10 - 09.30	Y.4B	Y.5A	Y.4A	Y.5E	Y.5F
	09.30 - 09.50	Y.1B	Y.3C	Y.1F	Y.1E	Y.1A
	09.50 - 10.10	Y.3E	Y.2B	Y.3D	Y.3B	Y.2A
	10.10 - 12.30	Lunch				
	12.30 - 12.50	Y.5B	Y.6C	Y.6B	Y.5C	
	12.50 - 13.10	Y.4C	Y.4E	Y.4D	Y.4F	
	13.10 - 13.30	Y.1C	Y.3A	Y.2E	Y.1H	
	13.30 - 13.50	Y.2D	Y.1G	Y.1D	Y.2F	
	13.50 - 14.10		Y.2C			



Date / Time		Thu. 19 Dec.	Fri. 20 Dec.	Date / Time	Mon. 23 Dec.
At the Sport court 2, Secondary Department (Soi 26)	08.30 - 08.45	Chorus	Chorus	08.30 - 08.45	Chorus
	08.45 - 09.05	Y.11D	Y.11C	08.45 - 09.05	Y.8A
	09.10 - 09.30	Y.7D	Y.10B	09.10 - 09.30	Y.10C
	09.35 - 09.55	Y.9C	Y.8D	09.35 - 09.55	Y.10D
	10.00 - 10.20	Break		10.00 - 10.20	Break
	10.25 - 10.45	Y.11E	Y.9B	10.25 - 10.55	Y.12C
	10.50 - 11.10	Y.7B	Y.11B	11.00 - 11.30	Y.12D
	11.10 - 12.10	Lunch		11.30 - 12.10	Lunch
	12.10 - 12.30	Y.10A	Y.7C	12.10 - 12.40	Y.12E
	12.35 - 12.55	Y.8C	Y.9D	12.45 - 13.15	Y.12A
	13.00 - 13.20	Y.11A	Y.7A	13.20 - 13.50	Y.12B
	13.25 - 13.45	Y.9A	Y.8B	13.55 - 14.25	Y.12F

Remarks:

1. The schedule might be changed depending on circumstances. Please follow School's news at [www.ektra.ac.th](http://www.ektra.ac.th)
2. School would like to encourage the students to use materials or wear clothes that they already have for their Christmas costumes. There is no need to buy anything new for their show.
3. Parents who come to watch the performances, the school kindly requests for cooperation to dress politely, no sleeveless/no shorts