




“ We are not far from the end of Semester 2/2019. Let's read useful information in the Ektra Newsflash! ”



We would like to thank all parents and alumni for participating in our Sports Carnival 2019 activity. It was excellent to see so many of you at school to encourage your children and juniors in the various sporting competitions, joining in with our activities and providing the students with snacks, milk, water, and cheering props etc. Many of you also joined in with the cheerleading, games and the Sports Carnival parade. Your presence at the event ensured that our Sports Carnival 2019 was filled with warmth, fun and happiness.

Activity Calendar: February – May 2020

Schedule	Section	Date	Details
Y.12 Final Exam Sem 2/2019	Secondary	Fri. 14 th - Thu. 20 th Feb 20	Thai and Foreign Final Exams for Y.12 students
NC. Project Approach	Infant	Wed. 19 th - Fri. 21 st Feb 20	Project Approach Activity for NC.
End of Year Closing Ceremony	All	Tue. 25 th Feb. 20	End of Year Closing Ceremony for NC. - Y.12
Y.12 Piñata	Secondary	Wed. 26 th Feb. 20	Y.12 Piñata Activity
KG.3 - Y.11 Final Exam Sem 2/2019	All	Wed. 26 th Feb. 20	Y.10 - 11 Thai Final Exams
		Thu. 27 th - Fri. 28 th Feb. 20	Foreign Final Exams for KG.3 - Y.11 students.
		Mon. 2 nd - Tue. 3 rd Mar. 20	KG.1 - Y.11 Thai Final Exams
Y.12 O-NET	Secondary	Sat. 29 th Feb - Sun. 1 st Mar. 20	Y.12 O-NET Exams
GAC Graduation	Secondary	Mon. 2 nd Mar. 20	GAC Graduation Ceremony
Hungry, Healthy, Happy Activity	Infant	Wed. 4 th Mar. 20	Hungry, Healthy, Happy Activity for NC. – KG.3
Y.12 Prom	Secondary	Wed. 4 th Mar. 20	Certificate giving and Y.12 Prom activity (Eaglet's Soar)
Year 9 students' camp	Secondary	Fri. 6 th - Sun. 8 th Mar. 20	Year 9 students' potential development camp
Announcing Exam Results only to Failing Students	Secondary	Mon. 9 th Mar. 20	Y.7 - 11 Expected Quality Re-test
	Infant	Fri. 6 th Mar. 20	Homeroom teachers will only call the parents of students who have failed their exams and make an appointment regarding the re-test date and time.
		Mon. 9 th Mar. 20	Students who failed the exams come to school to re-test according to the appointed time.
	Primary - Secondary	Wed. 26 th – Thu.27 th Mar. 20 <i>Announcing for Y.12</i>	Homeroom teachers will only call parents of students who have failed the exams for Thai and Foreign subjects. (School will announce the failing students by their student ID for each subject and the re-test schedule will be on school's website for Y.7 - Y.12 students.)
		Mon. 9 th Mar. 20 <i>Announcing for Y.1-11</i>	
	Secondary	Thu. 27 th - Tue. 3 rd Mar. 20 <i>Re-sit for Y.12</i>	-Students take the re-test, as scheduled. - Students should come to register 30 minutes prior to the re-test.
		Tue. 10 th - Fri. 13 th Mar. 20 <i>Re-sit for Y.1-11</i>	
Remark: Students who do not take a re-test on the appointed date and time will not receive the Por Phor 6 (Report Card) document. Also, they will have to study in an afterschool course in May and June, Academic Year 2020 before taking their re-test.			
Collecting Por Phor 6 (Report Card) (Students wear school uniform)	Primary - Secondary	Sat. 28 th Mar. 20 (8.30 am - 12.00 pm)	Parents of Y.1 - Y.12 meet and talk with their child's homeroom teachers as noted below. - Y.1: under Dominic 1 Bldg. - Y.2 - 3: under Dominic 2 Bldg. - Y.4: under Bldg. 4 - Y.5 - 6: under Dominic 1 Bldg. - Y.7 - 12: under St. John the Baptist Bldg.
	Infant	Sat. 28 th Mar. 20 (1.00 pm. - 4.00 pm)	Parents of NC. - KG.3 meet and talk with their child's homeroom teachers as noted below. - NC. - KG.2: under Dominic 1 Bldg. - KG.3: under Dominic 2 Bldg.

Schedule	Section	Date	Details
Summer Course 2020	All	Mon. 30 th Mar. - Thu. 30 th Apr. 20	Summer Course 2020 starts (<i>The details of our Summer Courses 2020 will be available within the end of the month</i>)
	Remark: 1. All students in Year 1 / Year 7 / Year 10 are required to enroll to study in a preparation course of each level during Summer to foster them with required foundation knowledge and prepare them to be ready for the next year level. 2. Students who fail more than three subjects will have to enroll in Summer Course to develop themselves to improve their academic results.		
School opens for Academic Year 2020	Infant	Fri. 15 th May 20	School opens for NC. - KG.3
	Primary - Secondary	Mon. 18 th May 20	School opens for Y.1 - 12
Remark : 1. Afterschool tutorials (Thai academic subjects) will start on the first day of the new semester (The tuition fee for KG.1-Y.12 afterschool tutorial is 600 Baht). 2. For parents who wish to opt for afterschool child care in May from 16.00-17.30, the child care costs are 900 Baht. Please note that child care's full-month service costs 1,800 Baht / month. 3. Textbooks for the Academic year of 2020 will be handed out on the first day of the new semester. 4. You can check students' names lists and download teaching timetables at www.ektra.ac.th from Thursday May 14 th , 2020.			

Leaving the School

Parents who wish to withdraw their children from school for semester 1/2020

must submit a withdrawal request at the Administration Office on or before 30th April 2020.

Submitting the withdrawal request after the aforementioned date is considered to be in breach of the school's regulations

parents must pay for the tuition fee for Semester 1/2020 before receiving academic documents and other student certificates.

* Except for KG.3, Year 6, and Year 9 students of academic year 2019, the due dates and the resignation rules are stated on their Intention Inquiry Document.



School Uniform, Sport Uniform and School Bag

The school will have students' uniforms, PE uniforms, & schoolbags available for purchase during summer school between 9.00 AM - 3.00 PM (except holidays). The details are as follows:

Date**	Department	Place
16 th -20 th April 20	Infant	The stationery shop of the Infant and Primary Departments. Soi Sathupradit 20
21 st -24 th April 20	Primary	
		Secondary

Remark: Boy Scouts and Girl Guides Uniforms: For Year 4 students and New Year 5 – Year 9 students, please buy from UB Shop Soi Sathupradit 18
Tel. 02-212-1984 on Monday – Saturday at 08.30 AM - 6.00 PM

** After April 24th, 2020, parents can purchase uniforms and schoolbags at stationery rooms during school days Mon-Fri @ 07.00-16.40 (except public holidays).

Good News!!

Notification regarding change or amendment of name – surname and request for documents and certificates **online**

Nowadays, current students can submit a request to change or amend name - surname of the student/ father/mother (Attaching documents and evidence) and can request documents such as transcript, student certificate and certificate to obtain visa(s) via the School Website at www.ektra.ac.th by...

following the specified procedures correctly and in full.

Once the information has been submitted the school will complete the process after **3 working days**.

Please note that all tuition fees, other fees, food, air - conditioning and special tuition fees must be paid in full and completely before the required documents can be released.

Contacting the Administration Office during Summer



The office will be open from Monday - Friday from 07.30 am - 4.00 pm and on Saturdays from 08.30 am - 04.00 pm Tel. 0-2213-0117, 0-2212-0157. The office is closed on Sundays and public holidays.



Rules while driving in the school's premises:

For safety and pollution minimization

Avoid blowing horns for calling students to cars.



Follow instructions of the school's staff who are on Traffic duty.

Avoid using mobiles phones while driving.



During student pick-up time, school would like to have a safe environment in the community and reduce road accidents.

School therefore requests cooperation from parents

Be extra careful while driving.



Avoid leaving engines on if stationary for a long time.



Always use your indicators / turning signals.



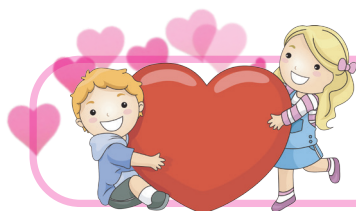
Avoid driving modified vehicles with loud exhaust pipes.



Countercurrent drive and ride is strictly prohibited.



Drive no faster than 30 km per hour



What do parents need to know and do when their children fall in love?

Science tells us that teens are experiencing physical changes and new directions from the brain in three ways that parents need to understand.



1 The adolescent brain shell will gradually thin until it becomes equal to the thickness of the adult cerebral cortex

In the other words, the nerve cells in the brain that used to have dense branches in childhood will start to be rearranged at the onset of adolescence. The scientific term for this is called the 'Pruning Process'. It helps us to analyze what is happening and as a result to know better how to reflect and restrain

2 The modification of connections between neural networks (hub) in the brain

Briefly, the hub or the network of information in the brain is related to the emotions, needs and satisfactions. Children aged between 12 - 15 years, therefore, express themselves according to these emotions and like to look for new things, as do teenagers between the ages of 15 - 19 who are about to enter early adulthood. The network links between the subcortical hubs are reduced. They begin to recognize the need to control emotions and analyze with reason



3 The part of the brain that seeks happiness, satisfaction, works more than usual due to highly active sex hormones.

The teenage years of 12 - 15 is the age when the front brain is not fully developed regarding emotions, desires and impulsiveness. It is also the period when sex hormones like testosterone and estrogen increase greatly. However, if children are trained to think and make rational decisions, changes in this part are not severe.

From the information summarized, it can be seen that part of the behavioural changes during adolescence are due to brain structure. Apart from this, there are also factors of parenting as well. When children start to fall in love, you may notice the increase in mobile bills or children wanting to look good at all times. Parents should understand first that children should be able to build good relationships with others because it is the important social skill. We can't forbid our children from falling in love, but we can teach them that, if they do, they must be able to manage their time so they do not let their education and other beneficial activities suffer. They must know how to have self-control, so as not to have any adverse consequences. Parents should teach children to look at love in positive ways, not to consider love as a bad thing, and to bring love to help their self-development. Parents may tell them about their own love stories from when they were young, such as when parents quarrel with each other and how to solve this. Talking to your child in a friendly way will help the child trust and understand that their parents have had these experiences, too. As for how to talk about things that have not yet occurred, parents may speak of events in other people's lives. They should talk in a relaxed way, let children express their ideas, dare to speak and dare to consult.

The teenage years are powerful. This is an important mechanism to drive a sustainable society in the long run. Family, therefore plays a key role in looking after children through this important period. When your children are in love you may look at the positive side, that your child has learned to build a good relationship with another person, is learning how to preserve the relationship with empathy. This may include collaborating together in good ways, such as helping with tutoring, volunteering, exercise, etc., which will be of benefit to themselves, their families and our society.



by Associate Professor Nuanchan Chuthapakdeekul
from the Institute of Molecular Bioscience at Mahidol University.

Link: <https://thepotential.org/2018/02/13/loveis-adolescencebrain/>

Congratulations to all our Year 12 (Batch 21) students who have either received scholarships or successful entry for their higher education for the Academic Year 2020



Chulalongkorn University

Miss Patrika	Permpoonwiwat	Year 12B (GAC: Language)
Mr. Phan	Parinyanusorn	Year 12F (Bilingual: Science-Maths)
Miss Jirapat	Apichaisiri	Year 12A (GAC: Science-Maths)
Miss Utaiwan	Kiatpanya	Year 12A (GAC: Science-Maths)

100% Scholarship, Faculty of Economics (Economics, International Program)
 Faculty of Economics (Economics, International Program)
 Faculty of Science (Biotechnology, International Program)
 Faculty of Science (Biotechnology, International Program)



King Mongkut's University of Technology Thonburi

Miss Nutthanicha	Tewintarapakti	Year 12A (GAC: Science-Maths)
Mr. Phakin	Kokirdpanich	Year 12A (GAC: Science-Maths)
Mr. Supawut	Changwangprang	Year 12A (GAC: Science-Maths)
Mr. Chaithawat	Manopasthanapha	Year 12F (Bilingual: Science-Maths)
Miss Jia Jia	Bai	Year 12F (Bilingual: Science-Maths)
Mr. Nuttapon	Thaveetermsakul	Year 12E (Bilingual: Science-Maths)
Mr. Bhradorn	Kingchongcharoensuk	Year 12A (GAC: Science-Maths)
Miss Anunya	Mingmuangthai	Year 12E (Bilingual: Science-Maths)
Mr. Jirasin	Jarethammajit	Year 12A (GAC: Science-Maths)
Mr. Siraphop	Pattaragatewit	Year 12F (Bilingual: Science-Maths)
Miss Pichsinee	Angsuchaikij	Year 12F (Bilingual: Science-Maths)

100% King Mongkut's Diamond Scholarship in Arts and Culture Department,
 Faculty of Engineering (Faculty of Automatic Engineering, International Program)
 Faculty of Engineering (Computer Engineering, International Program)
 Faculty of Engineering (Computer Engineering, International Program)
 Faculty of Engineering (Computer Engineering, International Program)
 Faculty of Engineering (Computer Engineering, International Program)
 Faculty of Engineering (Electrical Communication and Electronics, International Program)
 Faculty of Engineering (Electrical Communication and Electronics Engineering, International Program)
 Faculty of Engineering (Civil Engineering Program, International Program)
 Faculty of Information technology (Computer Engineering, International Program)
 Faculty of Information technology (Information Technology)
 Faculty of Science (Applied Computer Science Program)



Mahidol University

Miss Rinrada	Chongsomsuk	Year 12A (GAC: Science-Maths)
Mr. Thanaphat	Vanischanai	Year 12E (Bilingual: Science-Maths)
Miss Kanvara	Pravitpinyo	Year 12E (Bilingual: Science-Maths)
Miss Rinrada	Kesmas	Year 12E (Bilingual: Science-Maths)
Miss Pinyada	Nuangudom	Year 12E (Bilingual: Science-Maths)
Miss Panida	Areephongsa	Year 12E (Bilingual: Science-Maths)
Mr. Pawat	Penghiran	Year 12E (Bilingual: Science-Maths)
Miss Varandhorn	Cholvibul	Year 12F (Bilingual: Science-Maths)

Faculty of Engineering (Biomedical Engineering Program, International Program)
 Faculty of Engineering (Biomedical Engineering program, International Program)
 Faculty of Science (Biomedical Science, International Program)
 Faculty of Science (Bioinnovation, International Program)
 Faculty of Science (Bioinnovation, International Program)
 Faculty of Science (Bioresources and Environmental Biology, International Program)
 Faculty of Science (Insurance Mathematics Program, International Program)
 Faculty of Science (Biomedical Engineering program, International Program)



Thammasat University

Mr. Punyadhorn	Jirachaiyabhas	Year 12A (GAC: Science-Maths)
Miss Lattarin	Meemano	Year 12D (Extra Class)
Mr. Watchapol	Aroonual	Year 12A (GAC: Science-Maths)
Miss Rawikarn	Keitiwattanapong	Year 12F (Bilingual: Science-Maths)

Faculty of Engineering (Bachelor of Engineering Program in two Institutes (TEP), International Program)
 Faculty of Liberal Arts (English- American Studies Program, International Program)



King Mongkut's Institute of Technology Ladkrabang

Mr. Pan	Uneanong	Year 12E (Bilingual: Science-Maths)
Miss Smita	Akveera	Year 12A (GAC: Science-Maths)

Faculty of Engineering (Robotics & AI Engineering, International Program)
 Aviation and Commercial Pilot Engineering Program, International Program



Srinakharinwirot University International college for Sustainable Studies

Miss Thanunyapa	Thanapinunchai	Year 12A (GAC: Science-Maths)
Mr. Harit	Korsincharoen	Year 12D (Extra Class)

Sustainable Hospitality and Tourism Management, International Program
 Sustainable Hospitality and Tourism Management, International Program



Silpakorn University

Miss Atikan	Iamworakul	Year 12F (Bilingual: Science-Maths)
Miss Phatcharamai	Siriiammongkol	Year 12E (Bilingual: Science-Maths)

Faculty of Decorative Arts (Interior Design Program)
 Faculty of Decorative Arts (Interior Design Program)



Kasetsart University

Mr. Tiitipat	Boonchalow	Year 12D (Extra Class)
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Faculty of Business Administration (Marketing, International Program)



Rangsit University College of Music

Mr. Theerat	Kiatthawornchai	Year 12C (Extra Class)
Mr. Phongsakorn	Sathiramethakorn	Year 12C (Extra Class)

50% Scholarship, Jazz Studies
50% Scholarship, Jazz Studies



Bangkok University

Miss Pacharawan	Wannasutthiwat	Year 12D (Extra Class)
Mr. Thanon	Thanyaphatcharakarn	Year 12F (Bilingual: Science-Maths)

80% Scholarship, Faculty of Digital Media and Cinematic Arts (Digital Media Program)
 Faculty of Information Technology and Innovation (Computer Science Program)



Hua Chiew Chalermprakiet University

Mr. Pumin	Nokdam	Year 12E (Bilingual: Science-Maths)
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Faculty of Medical Technology



Dusit Thani College

Mr. Pannatorn	Visvathon	Year 12A (GAC: Science-Maths)
Mr. Korrawee	Srisanguannava	Year 12F (Bilingual: Science-Maths)
Miss Nattamon	Samithithien	Year 12E (Bilingual: Science-Maths)
Mr. Pichailak	Ngamprasert	Year 12C (Extra Class)

Scholarships for Activist 50%,
 Faculty of Business Administration (Culinary Art and Kitchen Management Program)
 Faculty of Business Administration (Culinary Art and Kitchen Management Program)
 Faculty of Business Administration (Culinary Art and Kitchen Management Program)
 Faculty of Business Administration (Culinary Art and Kitchen Management Program)



Thai-Japanese Institute of Technology

Mr. Sutthiphat	Jitboonthavesuk	Year 12A (GAC: Science-Maths)
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Faculty of Information Technology (Multimedia Technology Program)

APU Ritsumeikan Asia Pacific University (Japan)

Miss Natchanan	Tangjitmaetee	Year 12A (GAC: Science-Maths)
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80% Scholarship, Faculty of International Management