

We are not far from the end of Semester 1/2019. Let's read useful information in the Ektra Newsflash!

Exam Schedule / Notice to students who have passed or failed exams / Report Card Collection / Closing and Beginning Semester



Schedule	Section	Date	Detail	
Exams Semester	Secondary	Thu.19 th - Fri. 20 th Sep. 19	Foreign Final Exam Y.12	
1/2019 (Y.12)	Secondary	Mon. 23 rd - Wed. 25 th Sep. 19	Thai Final Exam Y.12	
Rebuilding Y.12	Secondary	Thu. 26 th - Fri. 27 th Sep. 19	Rebuilding Expected Qualities Activity for Y.12	
	Secondary	Wed. 25 th - Thu. 26 th Sep. 19, Wed. 2 nd Oct. 19	Thai Final Exam Y.10 - Y.11	
Exams Semester	Infant	Thu. 26 th - Fri. 27 th Sep. 19	Foreign Final Exam KG.3	
1/2019	Primary-Secondary	Fri. 27 th , Mon. 30 th Sep. 19	Foreign Final Exam Y.1- Y.11	
	Infant	Mon. 30 th Sep Tue. 1 st Oct. 19	Thai Final Exam KG.3	
	All	Tue. 1 st - Wed. 2 nd Oct. 19	Thai Final Exam KG.1- KG.2, Y.1 - Y.9	
	Remark: Regarding the after school classes during the exams in October (1st - 2th Oct. 19), all students who enrolled in any after school classes (including Foreign teachers led classes) will study in after school classes led by Thai teachers.			
Day Camp KG.3	Infant	Wed. 2 nd Oct. 19	Day Camp Activity for KG.3 Activity	
Rebuilding Y.7 - Y.11	Secondary	Thu. 3 rd - Fri. 4 th Oct. 19	Rebuilding Expected Qualities Activity Y.7- Y.11	
UK Academic Trip III	Primary-Secondary	Fri. 4 th - Sat. 26 th Oct. 19	UK Academic Trip III Camp: I FOUND ME at United Kingdom	
October Camp 2019	Infant	Mon. 7 th - Fri. 11 th Oct. 19	Think Fast Camp for KG.1-3, and First Step Camp (New NC. students for semester 2) Art for Kids KG.1-3, English Camp KG.1-3	
	Primary	Mon. 7 th - Fri. 11 th Oct. 19	Back to Nature Camp for Y.1 - Y.6	
	Secondary	Mon. 7 th - Wed. 9 th Oct. 19	Happy Wanderer Returns Camp (Back to Nature & Adventure Activities)	
Ektra Wind Symphonic Band Camp	Drimany Secondary Wolf. 7 111. 11 ,		Preparation to attend competition Camp for students from Ektra Wind Symphonic Band (Primary and Secondary students)	
Debate Workshop	Secondary	Wed. 9 th - Fri. 11 th Oct. 19	Debate Workshop for students's debate club	
	Infant	Fri. 4 th Oct. 19	Homeroom teacher informs parents of failing students	
		Mon. 7 th - Wed. 9 th Oct. 19	Re-test according to appointed time with the homeroom teachers	
Notice to students	Y.12	Fri. 4 th Oct. 19	Homeroom teachers will inform parents of Y.12 students who have received a "0" grade in subjects in Semester 1/2019 (Schedule and location for student's retest in each subject will be announced on school's website.)	
who have failed tests and need to re-sit		Mon. 7 th - Fri. 11 th Oct. 19	Teachers will tutor Y.12 students who received a "0" grade in subjects in Semester 1/2019 and administer a re-test (1 st time)	
	Remark: In cases where students have sat their retest for their "0" grade (the 1st time), students will have no right to request for their 5 semesters school report if failing or being absent for their re-test			
	Y.1 - Y.11	Fri. 25 th Oct. 19	Annoucement! The ID numbers of students in Y.1-Y.6 failing their exams and students Y.7-Y.11 achieving a score of 0 in all subjects are available on the school's website.	
Administer re-tests in Semester 1/2019 (According to tutorial and re-examination schedule	Primary-Secondary	Wed. 30 th Oct Fri.15 th Nov. 19	- Teachers will tutor Y.1-Y.12 students who have failed in the subjects in Semester 1/2019 and administer a re-test.	
set by the Academic Department)	Remark: In cases where students need to take at least 3 re-examinations, students need to take Thai after-school tutorial to help improve their academic outcome for semester 2.			

Schedule	Section	Date		Detail	
Collecting Report Cards (Students wear	Primary-Secondary	Sat. 26 th Oct. 19 (8.30 am 12.00 pm.)		12 will meet the homeroom teachers tions as detailed below: under Dominic 1 Bldg. under Dominic 2 Bldg. under Building 4 under Dominic 1 Bldg. under St.John Baptist Bldg.	
school uniform)	Infant	Sat. 26 th Oct. 19 (1.00 pm 4.00 pm.)		G.3 will meet the homeroom teachers tions as detailed below: under Dominic 1 Bldg. under Dominic 2 Bldg.	
Begin Semester 2	All	Mon. 28 th Oct. 19	Begin Semester 2/2019		
Halloween Activity	Infant-Primary	Thu. 31 th Oct. 19	Halloween Activity for NC Y.3		
Scout Camp Y.6	Primary	Thu. 31 th Oct Sat. 2 nd Nov. 19	Students in Y.6 attend Scout Camp		
Parents of Y.6 Meeting	Primary	Sat. 2 nd Nov. 19	g paratis of the contraction		
Y.11 Potential Boot Camp	Secondary	Sun. 3 rd - Sat. 9 th Nov. 19			
Loy Krathong Day	Infant-Primary Mon. 11 th Nov. 19 Loy Kra		Loy Kratho	nong Day Celebration NC Y.3	
Parents of Y.9 Meeting	Secondary	Sat. 16 th Nov. 19	Meeting with parents of Y.9 students World Cultural Day Activity		
World Cultural Day Activity	Secondary	Thu. 21 st Nov. 19			
	Infant	Mon. 2 nd Dec. 19	National Father's Day Activity for NC Y.1		
National Father's Day	Primary	Tue. 3 rd Dec. 19	National Father's Day Activity for Y.2 - Y.6		
r dinor o Day	Secondary	Wed. 4 th Dec. 19	National Father's Day Activity for Y.7 - Y.12		
Holiday : National Father's Day	All	Thu. 5 th Dec. 19	Holiday : National Father's Day		
Holiday: Constitution Day	All	Tue. 10 th Dec. 19	Но	liday: Constitution Day	
Christmas Show	Christmas Show All Tue.17 th - Mon. 23 rd Dec. 19 Christmas Show for NC. – Y.12		mas Show for NC. – Y.12		
AFR Day			Apology Forgiveness Reconciliation Day activities		

Admission for new students	Level	Date of Test	Results	Admission
Admission of New Students 2020:	NC KG.1	Start from 2 nd September 2019	The day of the test	receiving
NC Y.10 Applications	KG.2 - KG.3	9 th October 2019	10 th October 2019	
open on 2 nd September 2019.	Y.1 - Y.10	9 th October 2019	10 th October 2019	of the test

Yearbook 2019

School will start to take class photos and collect information and work from the students to go into the yearbook. For any parents who would like to use the Yearbook to promote your business, please contact the Admin office.

Class Photos for the Yearbook Please take note of the dates below.

Department	Dates of photo taking.	
Infant	4 th - 8 th November 2019	
Primary	11 th - 13 th November 2019	
Secondary	14 th - 15 th November 2019	

Remark: Parents can check in the student's homework book for further information. We kindly request that your children are dressed correctly and, wherever possible, ensure your child attends on the day of their class photo.



7 Benefits of eating fruit early in the day

It is well known that eating **breakfast** has many benefits to health because it helps to recharge the body, develop the brain and reduce the risk of various diseases such as heart disease and gallstones, for example. In addition, eating fruit along with other breakfast food will help you gain benefits as follows:

1. Increased Energy

Fruit is rich in carbohydrates,
fibers and slow-digested
sugar, which helps the body to be active.
Examples are apples, oranges,
bananas, and berries.

7. Reduce sugar craving

Sugar and fiber in water will help you want to eat less dessert.

They can improve your health and help you to lose weight.

2. Enhanced Digestion

Fruit has high fiber, so it can help detoxify the body and stimulate the digestive system to work better.



3. Enzyme Rich

Fruit is rich in various enzymes.
It helps the body digest food naturally and absorbs various nutrients that we eat.

4. Mood Booster

Natural sugar and fiber in fruit will help us to concentrate, lower blood sugar levels, and help us to maintain good mood.

6. Hydrating

Eating fruits that are high in sugar such as water melon, apples, oranges, kiwi fruit, pineapples, grapes and pears will increase your body's intake of water and replace the water that we lose while sleeping.

5. Stress reduction

Fruit is rich in Vitamin C, which helps to build up the body's immune system, reduce various inflammations causing stress, and help to fight colds and flu.

Eating fruit for breakfast has many benefits for our health but if we eat only fruit and not food from the five groups our nutrition will be incomplete, which may cause adverse effects on our body later.

(Reference: https://health.allwomenstalk.com/health-benefits-of-eating-fruit-early-in-the-day/)

Requesting Visas online

To make it more convenient for our parents, school provides a service for parents to submit a student visa online (VISA Request Letter) through school's website. Please make sure you submit all information correctly and follow all the instructions. After we receive the information, the school will process it within two working days.

However, parents with outstanding fee payments will receive the document within 7 working days. Only after all outstanding fees have been paid may parents collect the visa letter



Leaving Our School

If parents do not wish their child to continue in Semester 2/2019, they can submit a request at the admin office by the 30th September 2019. Failing to do so will be against the rules and parents will have to pay the amount owing and the Tuition fees for semester 2/2019 in order to receive any school documents. It takes about 5-7 days to prepare the documents

Asking for school documents

If parents need any school documents for students, they can submit a request at the admin office. It takes about 5-7 days to prepare the documents after the request is submitted. For parents who still have outstanding fees, these must be settled (paid) before collecting the documents. (If parents make a payment by cheque, parents will receive the requested document(s) seven working days after the payment.)

In semester 2/2019, the school will make some slight adjustments to the timetable to facilitate students' Christmas Show practice. After the Christmas show period and practise period, classes will go back to regular timetable patterns.

The school will explain this to parents in detail when semester 2 opens.



Discount

After School Classes in Semester 2

After school classes in Semester 2 will start on the first day when school opens, which falls on Monday October 28th, 2019. Parents can make a payment for November's after school tuition fees in advance from now until October 25th, 2019 to ensure the seat is held.

In case cancellation's required or afterschool tutorial change is needed for November 2019/ parents' should contact for cancellation or changing, please contact administration offices within the 25th October 2019. Changes and cancellation cannot be made if contact is made later than the specified date.











for Tutorial Courses in Semester 2/2019

To reward parents who always show support to our school, we kindly offer you 5% discount for every tutorial course.

Only for parents who arrange one-time payment in advance for afterschool tutorials of the entire semester 2/2019 (total 4 months) from today until 31st October 2019.

Attention !!! Tutorial courses still have available seats

For parents who have not registered for any tutorial courses or who wish to switch tutorial courses, please check availability of each course below.



Good

- Yoga KG.2-3
- Fly Forwards History Y.5-6
- Phonics Y.3
- Mathematics Activity Y.2-3
- Japanese Y.4-6
- Khon (Masked play) Y.2-3
- Piano Y.4-6
- Fiddle-Thai Zither-Hylophone Y.4-6

- English KG.2-3
- Playing Art KG.2-3
- Fly Forwards Economics Y.5-6
- Reading Club Y.1
- Science Lab Y.4-6
- Dance Y.4-6
- Taekwondo Y.1-6
- Voice Y.4-6
- Woodwind Y.4-6

- Drama KG.3
- Taekwondo KG.1-3
- English Activity Y.2-3, Y.5-6
- Science Experiment Y.1-3
- Chinese Y.4-6
- Playing Art Y.1
- Keyboard Y.1-3
- Violin Y.4-6
- Brass Y.4-6

If you are interested in registering or would like to receive more information, please contact administration office.

Invitation to a tell good story

If any student(s) has participated in any community activities, entered any competitions or done anything that showcases their talents, please send the details of the activity with photo files and/or video clips to admin@ektra.ac.th. School would love to publish the details to the school's website, to show everyone what a great role model and inspiration they have been.

Contacting the Administration Office during School holidays

The office will be open from Monday - Saturday at 8.30 am - 4.00 pm.

> Note: the office is closed on Sundays and Public Holidays.

Tel. 0-2213-0117 and 0-2212-0157.

Sarasas Ektra School thanks all parents for their cooperation and support of their children's education and activities as well as following school policies.



We would like to take this opportunity to apologise to all parents for any inconvenience / disruption caused. Over the last semester