



# EKTRA Newsflash

Issued Date 10<sup>th</sup> September 2020



Greeting to all parents, students, and teachers. During this rainy season, please remember to try and stay fit and healthy! The school would like to give a big thanks to everyone for their cooperation with adhering to the measures in the "New Normal" period. This is the last issue of Ektra Newsflash for this semester, 1/2020 and it has lots of interesting news for everyone.



## Activity Calendar : September - October 2020

Date	Department	Details
Tue. 15 <sup>th</sup> Sep. 20	Primary - Secondary	Silpa Bhirasri Day Y.5 - Y.12
Thu. 17 <sup>th</sup> Sep. 20	All	Gratitude Day
Mon. 28 <sup>th</sup> Sep. - Fri. 2 <sup>nd</sup> Oct. 20	Infant	Open Morning Activity NC. - KG.3
Thu. 1 <sup>st</sup> - Fri. 2 <sup>nd</sup> Oct. 20	Primary - Secondary	O-NET Mock Exam Y.6, Y.9 and Y.12
Tue. 6 <sup>th</sup> Oct. 20	Secondary	Educational Guidance Exhibition 2020
Sat. 10 <sup>th</sup> Oct. 20	Primary	Scout Day Camp Y.6
Sun. 11 <sup>th</sup> Oct. 20	Primary	Ektra Family Field Experience Day (Y.6)
Tue. 13 <sup>th</sup> Oct. 20	All	His Majesty the late King Bhumibol Adulyadej Memorial Day (School open as normal)
Fri. 16 <sup>th</sup> Oct. 20	Secondary	Y.10 - Y.12 students' final examination (Thai teachers) of 1/2020
Mon. 19 <sup>th</sup> - Tue. 20 <sup>th</sup> Oct. 20	All	KG.3 - Y.12 students' final examination (foreign teachers) of 1/2020
Wed. 21 <sup>st</sup> - Thu. 22 <sup>nd</sup> Oct. 20	All	KG.1 - Y.12 students' final examination (Thai teachers) of 1/2020
Fri. 23 <sup>rd</sup> Oct. 20	All	Holiday - Chulalongkorn Memorial day
Mon. 26 <sup>th</sup> Oct. - Fri. 6 <sup>th</sup> Nov. 20	All	School closes 1/2020
Sat. 7 <sup>th</sup> Nov. 20	All	Exam Result Announcement of Semester 1/2020
Mon. 9 <sup>th</sup> Nov. 20	All	Semester 2/2020 starts



## OPEN MORNING Activity

**The Infant Department** has arranged an OPEN MORNING Activity for parents who do not currently have children attending the school

To be held on Monday 5<sup>th</sup> October 2020 from 8.30 - 11.00 am.

If you, your friends or relatives are currently looking for a school for your children, please come and join us for this activity!

Please register by 1<sup>st</sup> October 2020



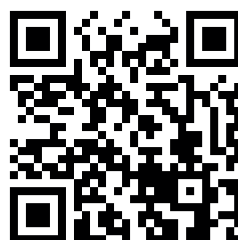
0-2213-0117, 0-2212-0157



admission@ektra.ac.th



Scan QR Code for Online Registration



Remark: Open Morning activity of the primary department will be held on 3<sup>rd</sup> - 5<sup>th</sup> Feb. 21.

Registration will be available around the end of Jan.



## Admission for new students

Admission of New Students 2021:

NC. - Y.10 Applications

**\*\*open on 5<sup>th</sup> October 2020.\*\***

First round of entrance tests on 27<sup>th</sup> October 2020.



## Ektra Says No To Plastic Bags

**Please Stop Using Plastic Bags!**

Let's Help Protect Our Planet!

From 11<sup>th</sup> September onwards -

All shops at school will stop giving out plastic bags.

Let's use cloth bags instead !!!





## Leaving Our School

If parents do not wish their child to continue in Semester 2/2020, they can submit a request at the admin office **by the 22<sup>nd</sup> October 2020**. Failing to do so will be against the rules and parents will have to pay the amount owing and the Tuition fees for semester 2/2020 in order to receive any school documents. It takes about 5 - 7 days to prepare the documents.



## After School Classes in Semester 2/2020



After school classes in Semester 2 will start on the first day when school opens, which falls on **Monday November 9<sup>th</sup>, 2020**. Parents can make payment for November's after school tuition fees in advance **from now until October 25<sup>th</sup>, 2020** to ensure the seat is held.

*\*In cases where cancellations are required or afterschool tutorial change is needed for November 2020, parents' should contact the administration offices by the 22<sup>nd</sup> October 2020. Please be advised that changes and cancellations cannot be made if contact is made later than the specified date.*

It's believed that all parents always love and take the best care of their children. Each family may have different ways of parenting basics based on their environment. So here are some tips and benefits knowledge to share.

### Parents must know this!



### Unintentionally raising children to be ungrateful.



Professor Vidhaya Nakhawatchara, M.D. brought a case study about two families. He also shared his experience on how to nourish children to new generation parents. This is to prevent similar cases to happen with any other families.

### "If you love your cow, tie it up. If you love your children, you've gotta spank them sometimes"

– This Thai idiom is all-time valid despite changes in value and belief across time. Whilst school does not encourage the use of physical punishment, we would like to remind parents to not neglect the need to encourage their children to be obedient and that if we do not punish children when they do something wrong, we might be unintentionally hurting them.

**A story of the first family:** Parents are well educated, have good careers, and are financially secure. They have 2 sons. Both of their sons have been nice to their parents. They can enter good schools even though they are not quite so academic. They socialize well and are good at sports. They later become disobedient. They neglect what their parents have taught and their behavior becomes aggressive. There was a time that the parents could not take it anymore so the father hit a son with his hands. The son injured his father by kicking and suddenly left the house. From what happens, the father admitted that he has never punished his sons. He, therefore, did not know what to do. He wishes that he would nourish his children without punishment. However, he started to punish his children once they grew up and started to be disobedient. Aiming to teach children by starting to punish them at this age does not do any good as they rejected the teaching and injured the father in return before leaving the house.

**A story of the second family:** The father is a high-level government officer and the mother is a medical doctor. Both have been working very hard. They have a 13-year-old son. The boy is disobedient. There was a case that the mother recently scolded her son. The boy was angry and hit his mother on the head with a stick. After hitting, he left the house. The parents did not have any idea how to handle the situation as they have never punished their son.



From the case study raised from the two families, Dr. Vidhaya Nakhawatchara points out that children can still grow healthily and live well in societies **even though they are raised without having discipline awareness built at a young age within families. However, they can lack discipline and may not obey family and societal rules.** Later, this problem can be extended further. They may not obey rules in schools, workplaces, or even break the law. These issues cause hardship to them when living their lives with others in society. The root cause of these issues is from parents who neither punish children whenever they do something wrong nor compliment whenever they do something right.

Most well-educated parents in this era believe in raising children without punishing as a means of granting them room to think and express freely. Professor Vidhaya Nakhawatchara disagrees with this idea as children need to be told when they have done something wrong and there should be consequences

at a young age is a means to make them understand what punishment is. Whilst it might be difficult for younger children to understand parents' rationale for punishing them, it's important for parents to follow through with what they say. Threatening to do something and not doing it is counterproductive and children will never learn about what they done wrong and that if they are disobedient, that there are consequences. The doctor also additionally mentions that **"Remember, if you do not punish them whenever they do something wrong, your children will be socially punished one day, and it could be worse than the punishment you wish to give to your children too"**. What matters is that the father and mother must work together (where possible). Do not wait until cases similar to the doctor's case study take place because everyone will regret it. Parents must teach discipline to children at a young age so as not to regret later that they "raise children in the wrong way" which would eventually become sin or a phrase spoken by regular people "raising children to be ungrateful".